

## PERSONAL DATA

Date \_\_\_\_\_ Patient's Social Security No. \_\_\_\_\_

Patient's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_

Phones: Home \_\_\_\_\_ Cell \_\_\_\_\_

Work \_\_\_\_\_ Email \_\_\_\_\_

Check if you are:  Married  Single  Widowed  Divorced  Separated

Name of Spouse \_\_\_\_\_ Spouse's Date of Birth \_\_\_\_\_

Employer \_\_\_\_\_ Spouse's Employer \_\_\_\_\_

If under 18, Parent/Legal Guardian Name \_\_\_\_\_

Parent/Guardian's Signature for Consent to Treat \_\_\_\_\_

Referred to this Office by \_\_\_\_\_

Primary Care Provider \_\_\_\_\_ Date of Last Visit \_\_\_\_\_

Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_

### PLEASE CHECK TYPE OF INSURANCE YOU HAVE

CIGNA # \_\_\_\_\_  MVP # \_\_\_\_\_

BCBS # \_\_\_\_\_  NYS NO FAULT # \_\_\_\_\_

EXCELLUS # \_\_\_\_\_  MEDICARE # \_\_\_\_\_

MEDICARE BLUE CHOICE # \_\_\_\_\_  WORKERS COMP # \_\_\_\_\_

AETNA # \_\_\_\_\_  OTHER \_\_\_\_\_

UNITED HEALTHCARE # \_\_\_\_\_ # \_\_\_\_\_

## MEDICAL HISTORY ~ GENERAL DATA

Height \_\_\_\_\_ Weight \_\_\_\_\_  Right Handed  Left Handed

Occupation - Describe your activities at work

Assembly / Factory  Clerical / Desk work

Construction  Computers

Heavy repetitive bending / lifting  Other \_\_\_\_\_

When did pain first occur? \_\_\_\_\_

How did it happen? \_\_\_\_\_

Have you had this problem before? \_\_\_\_\_

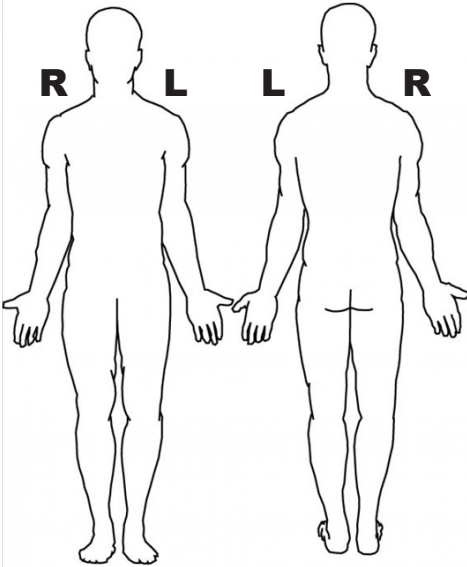
Is this work related?  Yes  No Motor vehicle related?  Yes  No

**DESCRIBE PAIN:**

- Sharp / Stabbing
- Pins & Needles
- Stiff
- Ache
- Burning
- Throbbing
- Numbness
- Other \_\_\_\_\_

**Mark All Areas Where You Feel Pain On Body Using The Key Below**

Stabbing	////
Pins/Needles	0000
Numbness	====
Burning	xxxx
Ache:	####
Other	*****



**Rate your pain right now on a scale of 1-10:**

0 (No pain)  1  2  3  4  5  6  7  8  9  10 (Excruciating Pain)

**At best this past week:**

0 (No pain)  1  2  3  4  5  6  7  8  9  10 (Excruciating Pain)

**At worst this past week:**

0 (No pain)  1  2  3  4  5  6  7  8  9  10 (Excruciating Pain)

Does the pain radiate? If so, where? \_\_\_\_\_

Does it hurt more in:  Morning  Afternoon  Evening  Constantly  Disturbs sleep

Does it hurt to cough or sneeze?  Yes  No

Have you missed time from work?  Yes  No If Yes, last day worked \_\_\_\_\_

Are you working with any restrictions?  Yes  No If Yes, what are they? \_\_\_\_\_

What activities are you unable to do? At home \_\_\_\_\_  
At work \_\_\_\_\_

For this condition, have you had

X-Rays  CT Scan  MRI  Bone Scan  Electro Diag. Study  Other

List medications: \_\_\_\_\_

Date of last complete exam: \_\_\_\_\_

Do you exercise regularly?  Yes  No If Yes, what do you do? \_\_\_\_\_  
How often? \_\_\_\_\_

Which of the following aggravates your condition?  Sitting down  Sitting for long periods  
 Standing  Standing for long periods  Walking  Lying down  Body movement  
 Deep breathing  Sleeping

Specific movements \_\_\_\_\_

Other \_\_\_\_\_

Which of the following relieves your condition?    \_\_\_ Sitting down    \_\_\_ Moist Heat / Hot Shower  
\_\_\_ Walking    \_\_\_ Lying down    \_\_\_ Massage    \_\_\_ Ice    \_\_\_ Sleeping    \_\_\_ Exercise    \_\_\_ Stretching  
\_\_\_ Other: \_\_\_\_\_

\_\_\_ Medications: \_\_\_\_\_

Is your condition    \_\_\_ Getting worse    \_\_\_ Getting better    \_\_\_ Constant    \_\_\_ Coming & Going

Which of the following professionals have you sought treatment for your condition?

\_\_\_ Family physician    \_\_\_ Neurologist    \_\_\_ Neurosurgeon    \_\_\_ Psychiatrist    \_\_\_ Chiropractor  
\_\_\_ Physical Therapist    \_\_\_ Massage Therapist    \_\_\_ Accupuncturist    \_\_\_ Epidural/Nerve Block  
\_\_\_ Orthopedist / Orthopedic Surgeon    \_\_\_ Other \_\_\_\_\_

Please describe what treatment, if any, provided relief for this condition & how long did it last \_\_\_\_\_  
\_\_\_\_\_

Are you taking blood thinner agents?    \_\_\_ Yes    \_\_\_ No

### PREVIOUS SURGERIES / HOSPITALIZATIONS

1. Reason: \_\_\_\_\_ Date: \_\_\_\_\_
2. Reason: \_\_\_\_\_ Date: \_\_\_\_\_
3. Reason: \_\_\_\_\_ Date: \_\_\_\_\_
4. Reason: \_\_\_\_\_ Date: \_\_\_\_\_

### PREVIOUS ORTHOPEDIC PROBLEM

Arthritis Where: \_\_\_\_\_ Date: \_\_\_\_\_  
Torn Ligaments / Tendonitis / Bursitis Where: \_\_\_\_\_ Date: \_\_\_\_\_  
Fractures Where: \_\_\_\_\_ Date: \_\_\_\_\_  
Extremities (Shoulder, Elbow, Knee, Hip, etc.) Where: \_\_\_\_\_ Date: \_\_\_\_\_  
Accidents (MVA's, WCB, Falls etc.) Where: \_\_\_\_\_

### FAMILY HISTORY

Father: Age \_\_\_\_\_ Alive \_\_\_ Deceased \_\_\_ Illness/Cause of death \_\_\_\_\_  
Mother: Age \_\_\_\_\_ Alive \_\_\_ Deceased \_\_\_ Illness/Cause of death \_\_\_\_\_  
Number of Brothers \_\_\_\_\_ Serious illness, if any \_\_\_\_\_  
Number of Sisters \_\_\_\_\_ Serious illness, if any \_\_\_\_\_  
Any other family members with similar condition \_\_\_\_\_

### PERSONAL HISTORY

Smoker? \_\_\_ Yes \_\_\_ No # daily \_\_\_\_\_ Age started \_\_\_\_\_ Date Quit \_\_\_\_\_ Would you like to quit? \_\_\_\_\_  
Alcohol Consumption \_\_\_ Yes \_\_\_ No Times per week \_\_\_\_\_  
Caffein Consumption \_\_\_ Yes \_\_\_ No Cups per day \_\_\_\_\_  
Substance Abuse \_\_\_ Yes \_\_\_ No Description \_\_\_\_\_

# MEDICAL HISTORY

General Symptoms \_\_\_ Recent weight loss/gain \_\_\_ Blurred vision \_\_\_ Headache \_\_\_ Fainting  
\_\_\_ Loss of sleep \_\_\_ Nervousness \_\_\_ Fatigue \_\_\_ Dizziness  
\_\_\_ Other \_\_\_\_\_

Endocrine \_\_\_ Diabetes \_\_\_ Parathyroid \_\_\_ Gout \_\_\_ Liver \_\_\_ Thyroid \_\_\_ Pituitary \_\_\_ Other  
Have you ever been prescribed Prednisone? \_\_\_ Yes \_\_\_ No

**HEENT** \_\_\_ Head injuries \_\_\_ Hearing problems  
\_\_\_ Jaw / TMJ problems \_\_\_ Inability to taste  
\_\_\_ Eye / Vision problems \_\_\_ Inability to smell  
\_\_\_ Difficulty swallowing \_\_\_ Difficulty with speech  
\_\_\_ Other \_\_\_\_\_

**Cardiovascular** \_\_\_ Rapid heartbeat \_\_\_ Blood pressure problems  
\_\_\_ Slow heartbeat \_\_\_ Poor circulation  
\_\_\_ Stroke \_\_\_ Heart attack  
\_\_\_ Irregular heartbeat \_\_\_ Varicose veins  
\_\_\_ Ankle / leg swelling \_\_\_ Other \_\_\_\_\_

**Pulmonary** \_\_\_ Asthma \_\_\_ Shortness of breath  
\_\_\_ Chronic Bronchitis \_\_\_ Other \_\_\_\_\_

**Gastrointestinal** \_\_\_ Ulcers \_\_\_ Hiatal hernia  
\_\_\_ Colitis \_\_\_ Gall bladder trouble  
\_\_\_ Diverticulitis \_\_\_ Other \_\_\_\_\_

**Genitourinary** \_\_\_ Kidney stones/infections \_\_\_ Bloody urine  
\_\_\_ Painful urination \_\_\_ Bladder infection  
\_\_\_ Prostate/Testicle problems \_\_\_ Uterine/Ovarian problems  
\_\_\_ Other \_\_\_\_\_

**Neurology/Emotional** \_\_\_ Depression \_\_\_ Anxiety  
\_\_\_ Pinched nerves \_\_\_ Other \_\_\_\_\_

**Skin** \_\_\_ Rashes \_\_\_ Psoriasis  
\_\_\_ Moles \_\_\_ Other \_\_\_\_\_

**Allergy/Immunology** \_\_\_ General allergies \_\_\_ Anemia  
\_\_\_ Allergies to medication \_\_\_\_\_  
\_\_\_ Cancer Type \_\_\_\_\_ Where \_\_\_\_\_

Have you ever needed to see a doctor for any additional medical problems? Please list:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_